

## SIDE DISHES

<b>Mediterranean Vegetables v</b>	<b>£4.50</b>	<b>Chips v</b>	<b>£3.50</b>
<b>Broccoli Picante v</b> Broccoli florets tossed with a spicy chilli, garlic and wine sauce	<b>£4.00</b>	<b>Sweet Potato Fries v</b>	<b>£3.50</b>
<b>Potato Livorno v</b> sautéed baby potatoes with rosemary and wine	<b>£4.00</b>	<b>Side Salad v</b>	<b>£4.00</b>
		<b>Onion Rings v</b>	<b>£3.50</b>

## KIDS MENU

**Pizza Bambino v £6.00**  
mini margarita shaped as a rabbit or fish

**Sausages £5.00**  
served with chips and baked beans

**Spaghetti Bolognese £5.00**  
beef ragout with spaghetti

**Chicken Bites £5.00**  
served with chips and baked beans

### MEAL DEAL £8.00

choose any of our children's main courses served with a juice and dessert



**Salvatores**  
at  
**THE LIGHTHORSEMAN**

124 Fulford Road, York YO10 4BE  
Tel: 01904 624818 • [www.lighthorsemanyork.co.uk](http://www.lighthorsemanyork.co.uk)

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Lighthorseman avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced.  
Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

*'Eating is a necessity, knowing how to eat is an art'*



# MAIN Menu

**Salvatores**  
at  
**THE LIGHTHORSEMAN**



## STARTERS

- Garlic Pizza Bread v** £4.50  
*add tomato, mozzarella, pesto, caramelised onion £1.00 each*
- Olive Italiane v** £4.50  
marinated green olives and breadsticks
- Bruschetta Al Pomodoro** £4.45  
toasted bread topped with marinated vine tomato, olive oil, garlic, basil and Parmesan cheese
- Minestrone v** £5.95  
classic homemade soup

- Garlic Mushrooms v** £5.95  
cooked in garlic, cream and white wine sauce
- Cozze Siciliane** £6.45 MAIN £9.95  
mussels cooked in a spicy tomato sauce
- Calamari Fritti** £6.45 MAIN £9.95  
deep fried flour coated calamari

## PIZZAS

*all our pizzas are made with an Italian dough base topped with tomato passata and mozzarella*

- Margherita v** £7.50  
plain and simple, tomato passata topped with mozzarella
- Siciliana** £8.50  
mixed roast peppers, pepperoni, and caramelised onion
- Firenze** £8.50  
ham, chicken, mixed peppers, pesto and Parmesan
- Romana** £8.95  
ham, pepperoni, sausage, chicken and bacon
- Sardegna** £8.95  
mushrooms, mix roast peppers, ham, pepperoni and chilli
- Fiorentina** £8.95  
our house special with sliced potatoes, red onions, rosemary and crispy pancetta
- Calzone** £9.25  
folded pizza dough filled with mozzarella, chicken, mushroom, ham, garlic, topped with Bolognese sauce
- Calzone Picante** £9.25  
our spicy special! Folded pizza dough filled with mozzarella, mixed roast peppers, pepperoni, sausage, and chillies VERY HOT

## PASTA

- Spaghetti Bolognese** £8.25  
finest British minced meat in a tomato, garlic and wine sauce
- Lasagna Emiliana** £8.50  
layers of pasta filled with ragu sauce, oven baked
- Spaghetti Carbonara** £8.95  
pan fried sweet cure pancetta and garlic in light creamy white wine sauce
- Spaghetti Terra Mare** £8.95  
mushroom, prawns, peas, Bolognese, garlic and cream
- Penne Giardino v** £8.25  
roast vegetables in a tomato sauce
- Penne Arrabiata v** £8.25  
tomato, chilli, garlic, and white wine sauce
- Penne Al Salmone** £9.25  
fresh salmon cooked in cream, wine, garlic, cherry tomato and lemon zest
- Tagliatelle Alle Cozze v** £9.25  
tomato sauce, garlic, cherry tomato and wine
- Tagliatelle Frutti Di Mare** £9.25  
tomato sauce, king prawns, calamari, mussels, cherry tomato and garlic wine
- Tagliatelle Branzino** £9.25  
sea bass fillet cooked in wine, cherry tomatoes, lemon zest, garlic and cream

## RISOTTO

*all our risottos are homemade with the finest Arborio rice*

- Teresina** £9.25  
tomato, cream, chicken, mushroom, garlic and wine
- Giardino v** £9.25  
roast vegetables, tomato sauce, garlic and wine
- Vesuvio** £9.25  
mixed roast peppers, pepperoni, sausage, chilli, wine and tomato sauce
- Frutti Di Mare** £10.25  
mixed seafood, cherry tomato, garlic, wine and tomato sauce

## SALAD

- Chicken and Pancetta Salad** £8.50  
strips of chicken and pancetta pan fried and tossed with lettuce, tomato, cucumber, cherry tomato and drizzled with Italian dressing
- Insalata Caprese** £8.95  
red onion, beef tomato, baby mozzarella, basil, olive oil and Parmesan
- Insalata Al Salmone** £10.95  
pan fried salmon steak and tiger prawns on a bed of lettuce, tomato, cucumber, cherry tomato and a drizzle of balsamic vinegar and olive oil

## MEAT AND FISH

*all main dishes are served with vegetables of the day*

- Chicken Voldostana** £12.45  
butterflied chicken breast grilled and covered with ham and mozzarella cooked in a woodman's sauce of red onion, mixed peppers, wine and cream
- Chicken Donatello** £12.95  
butterflied chicken breast simmered with apricot, cherry tomatoes, Marsala wine, garlic and cream
- Chicken Amalfi** £12.95  
butterflied chicken breast simmered in wine, cream, garlic, mushrooms and mixed peppers
- Bistecca Dolcelatte** £18.95  
12oz sirloin steak cooked in cream, garlic, wine and dolcelatte
- Bistecca Pepino** £18.95  
12oz sirloin steak cooked in tomato sauce, mix peppers, red onion, cherry tomatoes, chilli and red wine
- Branzino Siciliano** £16.45  
bass fillet cooked with mixed peppers, caramelised onion, cherry tomato, chilli and white wine
- Branzino Alla Pasquale** £16.45  
bass fillet cooked with tiger prawns, garlic, wine, cherry tomatoes and cream

## THE GRILL

- Chicken Breast** £12.50  
pan fried chicken breast served with sautéed mushrooms, cherry tomatoes and chips
- 12oz Sirlion Steak** £17.95  
prime British steak pan fried to your liking served with sautéed mushrooms, cherry tomatoes and chips
- Mixed Grill** £16.95  
a meaty feast of 2 Yorkshire sausages, 8oz gammon, 8oz lamb chop, 8oz rump, served with sautéed mushrooms, cherry tomatoes and chips
- Add a sauce for £3.00**  
Peppercorn, Diane, Vesuvio salsa

## BURGERS

- Classic Beef Burger** £9.50  
simple and tasty 8oz prime British beef burger in a floured bun served with steak cut chips or sweet potato fries
- Veggie Burger v** £10.00  
awesome beetroot and goat's cheese burger smothered with mayo in a floured bun and served with steak cut chips or sweet potato fries
- Cheese and Bacon Burger** £11.00  
a simple but tasty meaty treat! 8oz prime British beef burger, lovely farm smoked bacon topped with Monterey Jack cheese and served with steak cut chips or sweet potato fries
- Chicken Burger** £10.00  
Southern fried chicken breast with melted Monterey Jack cheese smothered in mayo and served in a floured bun with a choice of steak cut chips or sweet potato fries
- Salvo Burger** £12.00  
8oz prime British beef burger with farm smoked bacon, cheese, fried egg and onion rings served with a choice of steak cut chips or sweet potato fries
- Ultimate Burger** £14.50  
bit of a tester this one! 8oz prime British beef burger and a Southern fried chicken breast in a floured bun with Monterey Jack cheese and farm smoked bacon served with steak cut chips or sweet potato fries

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